

Commitment to Patient Care & Safety

We are committed to the health and safety of our patients and staff and want to reassure you that we are diligent in our efforts to keep our space sanitary and safe if you require being seen in either of our facilities. At this time, both our Boise and Nampa offices will remain open to serve patients. We are currently spacing appointment times further apart to minimize the amount of people in our clinic at any given time. We appreciate your understanding if we need to shift your appointment time to ensure the safety of our patients and our staff. We are keeping up to date on information and directives issued by the United States Centers for Disease Control (“CDC”), the United States Public Health Service (“USPHS”), and the offices of Idaho State government. We are committed to being proactive in mitigating the issues presented by the coronavirus (COVID-19) outbreak.

For our Patients:

- If you have an appointment, please let us know if you are sick with symptoms of acute respiratory illness:
- The symptoms of acute respiratory illness include a fever (100.4° F [37.8° C] or higher using an oral thermometer), cough, and shortness of breath.
- We urge patients who have symptoms of acute respiratory illness to notify us by phone and we will be happy to reschedule your appointment.
- Please stay home and do not come to our facilities until you are free of fever (100.4° F [37.8° C] and any other symptoms for at least 24 hours, without the use of fever-reducing or other symptom-altering medicines (e.g., cough suppressants).
- We ask that you do not arrive early for appointments since we are trying to minimize the number of patients in our facilities at any given time.
- We ask that you come to appointments with no more than one visitor. If you must bring more than one visitor, please let us know in advance so we can make the appropriate accommodations.
- We have provided tissues and no-touch wastebaskets for your use.
- Clean your hands often with an alcohol-based hand sanitizer that contains at least 60-95% alcohol or wash your hands with soap and water for at least 20 seconds. Soap and water should be used preferentially if hands are visibly dirty.
 - Avoid touching your face after touching contaminated objects

- Avoid touching objects after contaminating your hands
- Cover your mouth and nose with a tissue when you cough or sneeze.
- Put your used tissue in a wastebasket.
- If you don't have a tissue, cough or sneeze into your upper sleeve, not your hands.
- We have provided soap and water, and alcohol-based hand sanitizer in our facilities.
 - Wash with soap and water or use the hand sanitizer that we have provided.
 - Keeping your hands clean through improved hand hygiene is one of the most important steps you can take to avoid getting sick and spreading germs to others. Many diseases and conditions are spread by not washing hands with soap and clean, running water. If soap and water are unavailable, use an alcohol-based hand sanitizer that contains at least 60% alcohol to clean hands.

If you need to reach us after hours, please call our main phone number 208-377-4024. Our on-call service will forward your message to our staff and we will be sure to get back to you promptly. In the event you are unable to reach our after hour service, please call 208-985-5190.